

## WHY WE LOVED IT

Nicole has brought us a taste of Nigeria! Some food is like a magic spell and it can bring back memories of other times and places. We love how this made Nicole think of Nigeria and so she decided to learn how to make the magic happen herself! She learned how to make the recipe and now she can make it for the whole family!

Nicole's instant noodles uses something you might have in the cupboard to make a whole meal. By adding lots of vegetables and other seasoning like chilli powder she makes it taste like her own. That's very creative!

Do you have any food that brings back memories whenever you eat it?



**MY FAMILY FAVOURITE**  
What are you calling your recipe? What kind of dish is it?

**SERVES:** 5 **TIME:** 10-15 min

It is instant noodles with my style of cooking and it comes from a famous instant noodle company "Indomie". It is called "Nicole's Instant Noodles".

**MY FAMILY MOMENT**  
The personal story behind your recipe.

I didn't cook when I was in Nigeria so tasting noodles made by my mum and dad reminded me of Nigeria so I decided to try and make it. It took practice but now my family wants me making it for them whenever my parents bring a pack.

**INGREDIENTS**  
What would you need to make your special recipe? Make a list.

- Bell peppers, chilli peppers, onion
- vegetables, instant noodles, seasoning
- add-on: salt, chilli powder, onion
- water

**EQUIPMENT**  
What would you need in the kitchen to make this recipe? List the equipment you would need.

- Chopping board and knife
- Sauce pan or pot (depending on what you want you can make for 1 noodle)

**METHOD**  
Explain how to make this recipe using numbered steps.

- First, take... your veggie and dice them, not too small not too big and pour it into the boiling water.
- Then you put all your seasoning inside but not too much or it will be too spicy.
- Then stir it to mix together and leave it to boil for 1 minute.
- Put in your instant noodles and make sure you're sticking out and leave to boil for 7 minutes.
- After a while, dish your noodles in a plate and serve with any side of your choice.

Good luck!

## INFO:

Total time: **15 minutes**

Serves: **4**

## INGREDIENTS:

- 1 red bell pepper, diced
- 1/2 onion, diced
- 100g frozen diced mixed vegetables (like carrots, peas, and sweetcorn)
- 200g instant noodles
- 1 vegetable stock cube
- 450ml hot water
- 1/4 teaspoon chilli powder (optional)

## METHOD

### STEP 1

Set a pan on medium heat, add your water, your stock cube and the chilli powder if using and bring to the boil.

### STEP 2

Add your frozen veg and cook for two minutes.

### STEP 3

Once your veg is cooked, add the onions, bell peppers and your noodles to the pan. Cook for 4-7 minutes, until there is not much liquid left in the pan, but the noodles are soft and cooked through. You might want to add more water if you prefer your noodles more saucy.

### STEP 4

Divide between serving bowls and serve with a side of your choice (we like a nice fresh crispy salad!).