

Name \_\_\_\_\_

Date \_\_\_\_\_



# Design a sandwich

Design a new, healthy sandwich. Write some clear instructions to show how to make your healthy sandwich.

**Think about**

**Filling**  
What filling or fillings will you use?

**Bread**  
What bread will you use? Could you use more than one type? Could you make a triple decker sandwich to share?

**Fruit or vegetables**  
Add at least two fruit or vegetables to your sandwich. Be creative!

**Recipe name** \_\_\_\_\_

## Ingredients



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Equipment



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Method



- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_